

TEAM NILSEN

29er Skiff Racing / Match Racing

RESUMES

Alek Nilsen – Crew (6'-2" 165 lbs)

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Birthday: February 25, 1993

Sailing Club or Team: St. Francis Yacht Club (Junior Member)



Sponsors: St. Francis Yacht Club - St. Francis Foundation – US Sailing – CISA – Southport Sailing Foundation

Campaign Summary: My name is Alek Nilsen, I started sailing at age 7 and have been sailing competitively for 9 years. The boats that I've sailed are the El Toro (2 years), Optimist (4 years), Knarr (6 years), and currently the 29er since the fall of 2005. Our team name is TEAM NILSEN, as we are a team of brothers sailing together and having a great time doing it. My brother Finn and I have been sailing together on the 29er for the past 3 years, and our ability to work together on and off the water is great. He is not only my brother, he is my best friend. Our goals are to sail the 29er thru 2010, mastering all aspects of boat handling, strategy, and tactics in all conditions before moving to the 49er. The end game is to be ready for the next trials and the possibility of the 2012 games. Presently our goals for the next year are to achieve top 3 finishes at the US Youth Championships, 29er World Championships, and the 29er US National Championships. To accomplish our goals we have a sail plan covering training (on and off the water), regattas, and sailing gear and equipment inventory along with ongoing 29er upkeep and maintenance. Currently we are being supported by our Yacht Club, the St. Francis Foundation, and our parents. We also have a business cutting lawns (Jack Rabbit Lawn Service), which helps us by the fact we can be flexible with our time.

Significant Achievements: Mastering the wire to wire jib in the toughest of conditions on the 29er; now that is fun! I also like sailing with my brother as we have great chemistry on and off the water, which I feel is an achievement. My other achievements are receiving the most improved 29er team in 2007 from my Yacht Club and learning to travel on my own. I would also have to say that meeting our goals of top five finishes at the CISA Advanced Racing Clinic, the US Youth Championships, and the 29er North Americans at Kingston in 2008. In 2009 we had a great year training and competing in the Area "G" Match Racing Qualifiers and traveling to Italy for the 29er Worlds.

Skills & Interests: My skills and interests vary, but almost always have something to do with water. I am a member of my high school water polo & swim teams, which is great conditioning for my sailing. I like to skate boarding, kite board, ski and bike along with my friends. I also like playing the guitar and acting in my brother's videos.

29er Regatta Results – 2007 thru 2009 (Top 10):

Year	Result	Name of Event	Venue	Other
2007	13	U.S. Youth Championships	New Orleans, LA	23 boats
2007	13	U.S. 29er Nationals	Santa Cruz, CA	23 boats
2007	17	29er North Americans	Kingston Ontario, Canada	66 boats
2008	5	CISA Advanced Racing Clinic	Long Beach, CA	10 boats
2008	4	U.S. Youth Championships	San Francisco, CA	9 boats
2008	6	U.S. 29er Nationals	Cascade Locks, OR	21 boats
2008	4	29er North Americans	Kingston Ontario, Canada	65 boats
2009	3	CISA Advanced Racing Clinic	Long Beach, CA	11 boats
2009	40	29er Worlds	Riva del Garda, Italy	186 boats
2009	4	U.S. 29er Nationals	San Francisco, CA	25 boats

Awards:

2007	29er	Most Improved Team	St. Francis Yacht Club, CA
2008	T.David Fenix	Junior Yachtsman of the Year	St. Francis Yacht Club, CA